

Riwoche Tibetan Buddhist Temple

Dechen Shin Drup Amitabha Buddha Practice



Tues, June 11, 2019 – Mon, June 17, 2019 Time: 9:30am – 4pm

During the auspicious month of Saga Dawa, Ven. Khenpo Sonam Rinpoche has offered to give teachings on Amitabha Buddha, the Buddha of Boundless Light, and his Pureland. In conjunction with the teachings, Rinpoche will conduct a daily practice of Amitabha Buddha.

Each morning precepts will be taken, therefore participation for the full day on any day attended is mandatory. The Eight Precepts must be observed for twenty-four hours. Please do not eat breakfast prior to coming to the Temple; coffee or tea is acceptable.

The Eight Precepts are:

Refrain from harming living beings.

Refrain from taking that which is not given.

Refrain from sexual activity.

Refrain from incorrect speech.

Refrain from taking intoxicants which lead to loss of mindfulness.

Refrain from eating at the forbidden time (the one meal a day will be served at the temple).

Refrain from dancing, singing, music, shows and wearing garlands,
using perfumes, and beautifying with cosmetics.

Refrain from the use of high and luxurious seats and beds.

Attendance for the full week is not required. You may choose the days on which you can attend. A simple vegetarian lunch will be served daily to all practitioners. We ask all practitioners who will be attending for the full week to please notify us in advance to assist the kitchen staff. People attending will need to bring their own plate, cup, and utensils. We are making an effort to be more environmentally responsible and to reduce the amount of waste produced.

If you cannot attend and would like to offer a donation to help defray the cost of daily food and tea for all practitioners, it would be greatly appreciated. Please email pema@riwoche.com.



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