



## Riwoche Tibetan Buddhist Temple



# Kathog Trungpa Rinpoche

## Teachings and empowerments

Kathog Trungpa Rinpoche was born in Kham, Eastern Tibet. He was recognized as the fifth reincarnation of Kathog Trungpa Namkha Gyaltsso, the 26th principal lineage holder of Kathog Monastery. Rinpoche has completed both shedra (monastic education) and drubdra (the traditional three year retreat). In addition he is a disciple of many great teachers whom include His Holiness Khenchen Jigme Phuntsok, Khenchen Padma Tsewang (Petse), and Khenchen Choying Chapdal Rinpoche. Kathog Trungpa Rinpoche is a rare gem, a master of ritual practice and scholar of the great perfection.

### Rigzin Tsewang Dutsi Bhum Chu (Long Life) Empowerment

This empowerment confers Guru Rinpoche's profound blessings for long life.

This terma was revealed by the great tertön Jigme Lingpa (1729–1798), founder of the Longchen Nyingtig tradition.

Date: **Sunday, December 10** Time: 5pm Ticket: \$30

### Mind Training (Lojong) Teaching

Mind training is an essential aspect on the path to enlightenment. Rinpoche will teach on how to cultivate bodhicitta, the foundation to all Buddhist practice. This teaching is beneficial for beginner and advanced practitioners.

Date: **Saturday December 23** Time: 2pm-4pm By Donation

### Medicine Buddha Empowerment

This empowerment is of the healing power of a Compassionate Mind and Awakened Heart.

Date: **Sunday, December 24** Time: 2pm Ticket: \$30

### Bardo Teaching

Bardo is the experience of awakened mind in every present moment. In order to realize that state, there are extensive teachings on the six bardos: living, dreaming, meditation, dying, dharmata, and becoming. Kathog Trungpa Rinpoche will present the bardo teachings as they present a complete path from beginning to end, truly opening the doorway to awakening.

Date: **Saturday, December 30** Time: 2pm-4pm By Donation



*Kathog Monastery (Kathog Dorje Den) is the oldest Nyingma Monastery in Eastern Tibet.*

All events are at Riwoche Temple.

Times and dates shown are subject to change. For current event information and schedule updates please visit [www.riwoche.com](http://www.riwoche.com).

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