

JULY 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>25</b> 9a Green Tara Practice	<b>26</b>	<b>27</b> 7:30p Medicine Buddha Practice	<b>28</b>	<b>29</b> 8p Tranquility Meditation	<b>30</b>	<b>1</b> 9a Green Tara Practice
<b>3</b> 9a Green Tara Practice	<b>3</b> 7:30p <b>Pema Sangthig Tsok &amp; birthday of HH Khyentse Yangsi Rinpoche</b>	<b>4</b> 7:30p Medicine Buddha Practice	<b>5</b>	<b>6</b> 8p Tranquility Meditation	<b>7</b>	<b>8</b> 9a Green Tara Practice
<b>9</b> 9a Green Tara Practice 2:30-5:30p <b>Chöd Practice</b>	<b>10</b>	<b>11</b> 7:30p Medicine Buddha Practice	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> 9a Green Tara Practice
<b>16</b> 9a Green Tara Practice	<b>17</b>	<b>18</b>	<b>19</b> 7:30p <b>Dakini Tsok</b>	<b>20</b> 8p Tranquility Meditation	<b>21</b>	<b>22</b> 9a Green Tara Practice
<b>23</b> 9a Green Tara Practice	<b>24</b>	<b>25</b> 7:30p Medicine Buddha Practice	<b>26</b>	<b>27</b> <i>Chotrul Duchen</i> 1-5p <b>Guru Rinpoche 100,00 Tsok Offering</b>	<b>28</b> 1-5p <b>Guru Rinpoche 100,00 Tsok Offering</b>	<b>29</b> 9a Green Tara Practice 1-5p <b>Guru Rinpoche 100,00 Tsok Offering</b>
<b>30</b> 9a Green Tara Practice 1-5p <b>Guru Rinpoche 100,00 Tsok Offering</b>	<b>31</b> 1-5p <b>Guru Rinpoche 100,00 Tsok Offering</b>	<b>1</b> 1-5p <b>Guru Rinpoche 100,00 Tsok Offering</b> 7:30p Medicine Buddha Practice	<b>2</b> 1-5p <b>Guru Rinpoche 100,00 Tsok Offering &amp; Pema Sangthig Tsok</b>	<b>3</b> 8p Tranquility Meditation	<b>4</b>	<b>5</b> 9a Green Tara Practice

### JULY PRACTICES AND TEACHINGS

*Riwoche Temple is making an effort to be more environmentally responsible. We are trying to reduce the amount of waste produced by our tsoks with wrappings and the like. We are asking people to be aware of this and bring foods without packaging like fruits and vegetables.*

**July 3, Monday at 7:30 pm – Pema Sangthig Tsok & birthday of HH Khyentse Yangsi**

**July 9, Saturday at 2:30 pm – 5:30 pm – Chöd Practice & Tsok**  
 The Chöd practice helps dispel obstacles. Included with the practice is a tsok (feast offering). If you would like to sponsor or make a donation towards the tsok please ask in person at the Temple. Offerings of flowers are also welcome. Attendance for the practice is by donation.

**July 19, Wednesday at 7:30 pm – Dakini Tsok**

**July 27, Thursday– Chokhur Duchen**

*The “First Turning of the Wheel of Dharma” is celebrated. For the first seven weeks after his Enlightenment, Buddha did not teach. Encouraged by Indra & Brahma, he then gave the first teachings at Sarnath on the Four Noble Truths*

**July 27, Thursday – August 2, Wednesday at 1 pm – 5pm – Guru Rinpoche Tsok Bhum or Guru Rinpoche 100,000 tsok offering**

This week in particular marks Guru Rinpoche's birth from a lotus on the lake of Dhanakosha in the land of Oddiyana. We will make 100,000 tsok offerings this auspicious week. Afternoon tea and snack will be offered to all practitioners.



### Tree Planting for Pema the Cat

When Pema the cat passed away last August it was suggested that a tree be planted where she was buried. Suzanne is taking a donations to purchase a white lilac. Please contact her if you would like to make a donation.

### REGULAR PRACTICES

**Medicine Buddha Practice** at 7:30 pm on Tuesdays.

**Tranquility Meditation** at 8:00 pm on Thursdays.

**Green Tara Puja** at 9:00 am on Saturdays & Sundays.

*Riwoche Temple is only open for practice during scheduled practice times. Only Tenpai Jindag can request to practice in the Temple at other times.*

### HOUSEKEEPING

Join the **Housekeeping Crew** tidy the Temple after Green Tara Puja on **Saturdays at 10:00 am**. Please help any Saturday when you have time.

### TENPAI JINDAG (Sponsor of the Teachings)

Written information about Tenpai Jindag is available in the Temple hallway.



### OFFERINGS NEEDED

**Offerings of flowers to the Temple** - Offering flowers signifies the practice of generosity and opens the heart.

**If you wish to sponsor a Tsok** - Please ask in person at the Temple.