

NOVEMBER 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b> 9a Green Tara Practice	<b>30</b> 7:30p <b>Pema Sangthig Tsok</b>	<b>31</b> 7:30p Medicine Buddha Practice 8p <b>Ekajati Tsok</b>	<b>1</b>	<b>2</b> 8p Tranquility Meditation	<b>3</b>	<b>4</b> 9a Green Tara Practice 2-5p <b>Chöd Practice</b>
<b>5</b> 9a Green Tara Practice	<b>6</b> 10a-4p <b>Vajrakilaya</b>	<b>7</b> 10a-4p <b>Vajrakilaya</b> 7:30p Medicine Buddha Practice	<b>8</b> 10a-4p <b>Vajrakilaya</b> 7:30p <b>Pema Sangthig Tsok</b>	<b>9</b> 10a-4p <b>Vajrakilaya</b> 8p Tranquility Meditation	<b>10</b> 10a-4p <b>Vajrakilaya</b> 2p <b>Lha Bab Duchen Tsok</b>	<b>11</b> 10a-4p <b>Vajrakilaya</b> 9a Green Tara Practice
<b>12</b> 9a Green Tara Practice 10a-4p <b>Vajrakilaya</b>	<b>13</b> 7:30p <b>Dakini Tsok</b>	<b>14</b> 7:30p Medicine Buddha Practice	<b>15</b>	<b>16</b> 8p Tranquility Meditation	<b>17</b>	<b>18</b> 9a Green Tara Practice
<b>19</b> 9a Green Tara Practice	<b>20</b>	<b>21</b> 7:30p Medicine Buddha Practice	<b>22</b>	<b>23</b> 8p Tranquility Meditation	<b>24</b>	<b>25</b> 9a Green Tara Practice
<b>26</b> 9a Green Tara Practice	<b>27</b>	<b>28</b> 7:30p Medicine Buddha Practice 8p <b>Pema Sangthig Tsok</b>	<b>29</b>	<b>30</b> 8p Tranquility Meditation	<b>1</b>	<b>2</b> 9a Green Tara Practice

*Riwoche Temple is making an effort to be more environmentally responsible by reducing the amount of waste produced by our tsoks with wrappings and the like. We are asking people to be aware of this and bring foods without packaging like fruits and vegetables.*

### NOVEMBER PRACTICES AND TEACHINGS

#### November 4, Saturday at 2 pm – 5 pm – Chöd Practice & Tsok

The Chöd practice helps dispel obstacles. Included with the practice is a tsok (feast offering). If you would like to sponsor or make a donation towards the tsok please ask in person at the Temple. Offerings of flowers are also welcome. Attendance for the practice is by donation.

#### November 6, Monday – November 12, Sunday at 10:00 am – 4:00 pm – Vajrakilaya Ceremony - Phurba Drum Cho

Vajrakilaya is the wrathful form of Vajrasattva. This practice is famous for being the most powerful in removing obstacles, destroying the forces hostile to compassion, and for purification. Attendance for the full week is not required. We do require all practitioners attending the full week to please notify us of their participation in advance to assist the kitchen staff.

#### November 10, Friday – Lha Bab Duchen

*"Buddha Shakyamuni's Descent from Tushita heaven" is celebrated. Buddha's mother, Queen Mayadevi, had been reborn in Tushita Heaven. To repay his mother's kindness and to liberate her, Buddha went to Tushita for three months teaching dharma to his mother and other celestial beings. \*Note – Tsok will take place in the afternoon with the Vajrakilaya practice.*

#### November 10, Friday at 2 pm – Lha Bab Duchen Tsok

#### November 13, Monday at 7:30 pm – Dakini Tsok

#### November 28, Tuesday at 8 pm – Pema Sangthig Tsok

### REGULAR PRACTICES

**Medicine Buddha** at 7:30 pm on Tuesdays.

**Tranquility Meditation** at 8:00 pm on Thursdays.

**Green Tara Puja** at 9:00 am on Saturdays & Sundays.

*Riwoche Temple is only open for practice during scheduled practice times. Only Tenpai Jindag can request to practice in the Temple at other times.*

### HOUSEKEEPING

Join the **Housekeeping Crew** tidy the Temple after Green Tara Puja on **Saturdays at 10:00 am**. Please help any Saturday when you have time.

### TENPAI JINDAG (Sponsor of the Teachings)

Written information about Tenpai Jindag is available in the Temple hallway.



### OFFERINGS NEEDED

**Offerings of flowers to the Temple** - Offering flowers signifies the practice of generosity and opens the heart.

**If you wish to sponsor a Tsok** - Please ask in person at the Temple.