

OCTOBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9a Green Tara Practice	2	3 7:30p Medicine Buddha Practice	4	5 6p Chöd Practice	6	7 9a Green Tara Practice
8 9a Green Tara Practice	9 7:30p Dilgo Khyentse Rinpoche Anniversary Tsok	10 7:30p Medicine Buddha Practice	11	12 8p Tranquility Meditation	13	14 9a Green Tara Practice 2p Dakini Tsok
15 9a Green Tara Practice	16	17 7:30p Medicine Buddha Practice	18	19 8p Tranquility Meditation	20	21 9a Green Tara Practice
22 9a Green Tara Practice 2p Sangye Won Tsok <i>and Anniversary of Rigdzin Jigme Lingpa</i>	23	24 7:30p Medicine Buddha Practice	25	26 8p Tranquility Meditation	27	28 9a Green Tara Practice
29 9a Green Tara Practice	30 7:30p Pema Sangthig Tsok	31 7:30p Medicine Buddha Practice 8p Ekajati Tsok	1	2 8p Tranquility Meditation	3	4 9a Green Tara Practice 2-5p Chöd Practice

Riwoche Temple is making an effort to be more environmentally responsible. We are trying to reduce the amount of waste produced by our tsoks with wrappings and the like. We are asking people to be aware of this and bring foods without packaging like fruits and vegetables.

OCTOBER PRACTICES AND TEACHINGS

October 5, Thursday at 6 pm – 9 pm – Chöd Practice & Tsok

The Chöd practice helps dispel obstacles. Included with the practice is a tsok (feast offering). If you would like to sponsor or make a donation towards the tsok please ask in person at the Temple. Offerings of flowers are also welcome. Attendance for the practice is by donation.

October 9, Monday at 7:30pm – Dilgo Khyentse Rinpoche Anniversary Tsok

October 14, Saturday at 2 pm – Dakini Tsok

October 22, Sunday at 2 pm – Sangye Won Tsok & Anniversary of Rigdzin Jigme Lingpa

October 30, Monday at 7:30 pm – Pema Sangthig Tsok

October 31, Tuesday at 8 pm – Ekajati Tsok

UPCOMING EVENTS

November 6, Monday – November 12, Sunday at 10 am – 4 pm – Vajrakilaya Ceremony – Phurba Drum Cho

Vajrakilaya is the wrathful form of Vajrasattva. This practice is famous for being the most powerful in removing obstacles, destroying the forces hostile to compassion, and for purification. Attendance for the full week is not required. We do require all practitioners attending the full week to please notify us of their participation in advance to assist the kitchen staff.

REGULAR PRACTICES

Medicine Buddha Practice at 7:30 pm on Tuesdays.

Tranquility Meditation at 8:00 pm on Thursdays.

Green Tara Puja at 9:00 am on Saturdays & Sundays.

Riwoche Temple is only open for practice during scheduled practice times. Only Tenpai Jindag can request to practice in the Temple at other times.

HOUSEKEEPING

Join the **Housekeeping Crew** tidy the Temple after Green Tara Puja on **Saturdays at 10:00 am**. Please help any Saturday when you have time.

TENPAI JINDAG (Sponsor of the Teachings)

Written information about Tenpai Jindag is available in the Temple hallway.



OFFERINGS NEEDED

Offerings of flowers to the Temple - Offering flowers signifies the practice of generosity and opens the heart.

If you wish to sponsor a Tsok - Please ask in person at the Temple.