

**SEPTEMBER 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>26</b> 9a Green Tara Practice 2-5p <b>Chöd Practice</b>	<b>27</b> 7:30p <b>Anniversary of Nyoshul Khenpo Tsok</b>	<b>28</b> 7:30p Medicine Buddha Practice	<b>29</b>	<b>30</b> 8p Tranquility Meditation	<b>31</b>	<b>1</b> 9a Green Tara Practice
<b>2</b> 9a Green Tara Practice	<b>3</b>	<b>4</b> 7:30p Medicine Buddha Practice	<b>5</b> 7:30p <b>Dakini Tsok</b>	<b>6</b>	<b>7</b>	<b>8</b> 9a Green Tara Practice
<b>9</b> 9a Green Tara Practice	<b>10</b>	<b>11</b> 7:30p Medicine Buddha Practice	<b>12</b>	<b>13</b> 8p Tranquility Meditation	<b>14</b>	<b>15</b> <i>** No Tara Practice – Temple Closed**</i> 2pm <b>KDGGR: Krodikali Wangchen (Throma Nagmo Supreme Initiation)</b>
<b>16</b> <i>** No Tara Practice – Temple Closed**</i> 10am <b>KDGGR: Long Life Empowerment / Khandro Thuk Thik (Dakini Heart Essence)</b> 2pm <b>KDGGR: Krodikali Tsok Offering (Medium length Practice)</b>	<b>17</b>	<b>18</b> 7:30p Medicine Buddha Practice	<b>19</b> 7:30p <b>Pema Sangthig Tsok</b>	<b>20</b> 8p Tranquility Meditation	<b>21</b>	<b>22</b> 9a Green Tara Practice
<b>23</b> 9a Green Tara Practice	<b>24</b> 6-9p <b>Chöd Practice</b>	<b>25</b> 7:30p Medicine Buddha Practice	<b>26</b>	<b>27</b> 8p Tranquility Meditation	<b>28</b>	<b>29</b> 9a Green Tara Practice 2p <b>Dilgo Khyentse Rinpoche Anniversary Tsok</b>
<b>30</b> 9a Green Tara Practice	<b>1</b> 10a-4p <b>Vajrakilaya</b>	<b>2</b> 10a-4p <b>Vajrakilaya</b> 7:30p Medicine Buddha Practice	<b>3</b> 10a-4p <b>Vajrakilaya</b>	<b>4</b> 10a-4p <b>Vajrakilaya</b> 8p Tranquility Meditation	<b>5</b> 10a-4p <b>Vajrakilaya</b>	<b>6</b> 9a Green Tara Practice 10a-4p <b>Vajrakilaya</b>

**SEPTEMBER PRACTICES AND TEACHINGS**

**September 5, Wednesday at 7:30 pm – Dakini Tsok**

**September 15, Saturday and September 16, Sunday – Kyabje Dungse Garab Dorje Rinpoche Toronto Visit 2018**

**September, Saturday at 2:00pm — Krodikali Wangchen (Throma Nagmo Supreme Initiation) –**

Kyabje Dungse Garab Rinpoche has kindly agreed to confer the Krodikali Wangchen, a precious empowerment for the practice of Krodikali which is the main practice to achieve enlightenment and attain rainbow body in one lifetime from the Dudjom Tersar tradition. **Recipients must meet the minimum requirements and follow samaya commitments. Please see the website or poster for the list.**

**\*\*\*Pre-registration is mandatory. No door registrations will be accepted for this event.\*\*\*** Kyabje Dungse Garab Rinpoche requests this empowerment not be made open to the public. In order to receive permission, one must email a request to pema@riwoche.com to receive a confirmation letter. Tickets: \$40

**September 16, Sunday at 10am — Long Life Empowerment / Khandro Thuk Thik (Dakini Heart Essence) –** Kyabje Dungse Garab Rinpoche has kindly agreed to confer the Khandro Thuk Thik (Dakini Heart Essence) Long Life Empowerment. It is a mind treasure of H.H. Dudjom Rinpoche, revealed directly to him by Yeshe Tsogyal. Attendees are requested to bring their own cushions as we have a limited supply. Chairs will be available for those with physical difficulty in the back of the room. Tickets: \$30

**September 16, Sunday at 2pm — Krodikali Tsok Offering (Medium length Practice) –** Krodikali Tsok Offering will be presided over by Kyabje Dungse Garab Rinpoche and the Kunzang Gatsal sangha. Attendees are requested to bring their own cushions as we have a limited supply. Chairs will be available for those with physical difficulty in the back of the room. Additional items to participate in the Tsok offering are Chod Drum, Bell & Dorje and Medium Length Throma Sadhana Text. By donation.

**September 19, Wednesday at 7:30 pm – Pema Sangthig Tsok**

**September 24, Monday at 6 pm – 9 pm – Chöd Practice & Tsok**

The Chöd practice helps dispel obstacles. Included with the practice is a tsok (feast offering). If you would like to sponsor or make a donation towards the tsok please ask in person at the Temple. Offerings of flowers are also welcome. Attendance for the practice is by donation.

**September 29, Saturday at 2 pm – Dilgo Khyentse Rinpoche Anniversary Tsok**

**REGULAR PRACTICES**

**Medicine Buddha Practice at 7:30 pm on Tuesdays.**

**Tranquility Meditation with teaching at 8:00 pm on Thursdays.**

**Green Tara Puja at 9:00 am on Saturdays & Sundays.**

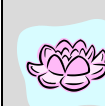
*Riwoche Temple is only open for practice during scheduled practice times.*

**HOUSEKEEPING**

Join the **Housekeeping Crew** tidy the Temple after Green Tara Puja on **Saturdays at 10:00 am**. Please help any Saturday when you can.

**TENPAI JINDAG (Sponsor of the Teachings)**

Written information about Tenpai Jindag is available in the Temple hallway.



**OFFERINGS NEEDED**

**Offerings of flowers to the Temple** - Offering flowers signifies the practice of generosity and opens the heart.

**If you wish to sponsor a Tsok** - Please ask in person at the Temple