

August 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------------------------------|---|-----------|----------|---------------------|---|
| | 1 Chotrul Duchen | 2 7:30 PM EST Online Medicine Buddha Practice | 3 | 4 | 5 | 6 |
| 7 Guru Rinpoche Day 9a Green Tara Practice | 8 | 9 7:30 PM EST Online Medicine Buddha Practice | 10 | 11 | 12 Full Moon Day | 13 |
| 14 9a Green Tara Practice | 15 | 16 7:30 PM EST Online Medicine Buddha Practice | 17 | 18 | 19 | 20 |
| 21 Dakini Day 9a Green Tara Practice | 22 | 23 7:30 PM EST Online Medicine Buddha Practice | 24 | 25 | 26 | 27 Anniversary of Nyoshul Khenpo |
| 28 9a Green Tara Practice | 29 | 30 7:30 PM EST Online Medicine Buddha Practice | 31 | | | |

AUGUST PRACTICES AND TEACHINGS

August 1, Monday — Chokur Duchen — *The “First Turning of the Wheel of Dharma” is celebrated.*

August 7, Sunday – Guru Rinpoche Day

August 12, Friday – Full Moon Day

August 21, Sunday – Dakini Day

August 27, Saturday – Anniversary of Nyoshul Khenpo