

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:30 PM EST Online Medicine Buddha Practice	2	3 Guru Rinpoche Day	4	5
6 9a Green Tara Practice	7	8 Full Moon Day 7:30 PM EST Online Medicine Buddha Practice	9	10	11	12
13 9a Green Tara Practice	14	15 Lha Bab Duchen 7:30 PM EST Online Medicine Buddha Practice	16	17	18 Dakini Day	19
20 9a Green Tara Practice	21	22 Guru Rinpoche Day 7:30 PM EST Online Medicine Buddha Practice	23	24	25	26
27 9a Green Tara Practice	28	29 7:30 PM EST Online Medicine Buddha Practice	30			

NOVEMBER PRACTICES AND TEACHINGS

November 3, Wednesday – Guru Rinpoche Day

November 8, Tuesday – Full Moon Day

November 15, Tuesday – **Lha Bab Duchen**

“Buddha Shakyamuni’s Descent from Tushita heaven” is celebrated. Buddha’s mother, Queen Mayadevi, had been reborn in Tushita Heaven. To repay his mother’s kindness and to liberate her, Buddha went to Tushita for three months teaching dharma to his mother and other celestial beings.

November 18, Friday – Dakini Day