

## December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 9 a.m. Green Tara Practice	4	5 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	6	7 6:30 p.m. Dakini Tsok	8	9
10 9 a.m. Green Tara Practice	11	12 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	13	14	15 6:30 p.m. Anniversary of Thinley Norbu Rinpoche Tsok	16
17 9 a.m. Green Tara Practice	18	19 7 p.m. EST Sangye Menla Medicine Buddha Empowerment by H.H. 42nd Sakya Trizin	20	21	22 6:30 p.m. Guru Rinpoche Tsok	23
24 9 a.m. Green Tara Practice	25	26 6 p.m. Chöd Practice	27	28	29 <i>Anniversary of Kyabje Dudjom Rinpoche</i>	30 <i>Anniversary of Taklung Thangpa</i>  <b>2 p.m. Tsok for Anniversary of Kyabje Dudjom Rinpoche, Taklung Thangpa, and Chadrul Rinpoche</b>
31 9 a.m. Green Tara Practice						

### DECEMBER PRACTICES AND TEACHINGS

December 7, Thursday at 6:30 p.m. – Dakini Tsok

December 15, Friday at 6:30 p.m. – Tsok for Anniversary of Kyabje Dungsé Thinley Norbu Rinpoche

December 19, Tuesday at 7 p.m. – Sangye Menla Medicine Buddha Empowerment  
by H.H. 42nd Sakya Trizin

December 22, Friday at 6:30 p.m. – Guru Rinpoche Tsok

December 26, Tuesday at 6 p.m. – Chöd Practice

*December 29, Friday – Anniversary of Dudjom Rinpoche*

*December 30, Saturday – Anniversary of Taklung Thangpa*

December 30, Saturday – Tsok for Anniversary of Taklung Thangpa, Dudjom Rinpoche, and Chadrul Rinpoche