

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 7:30 PM EST Online Medicine Buddha Practice	3	4	5 6p Chöd Practice	6
7 9a Green Tara Practice	8	9 7:30 PM EST Online Medicine Buddha Practice	10	11	12	13
14 9a Green Tara Practice 2p Dakini Tsok	15	16 7:30 PM EST Online Medicine Buddha Practice	17	18	19	20
21 9a Green Tara Practice	22	23 7:30 PM EST Online Medicine Buddha Practice <i>Kyabgön Phakchok Rinpoche Birthday</i>	24	25 9:30a–4p Dechen Shin Drup/ Amitabha Buddha Practice	26 9:30a–4p Dechen Shin Drup/ Amitabha Buddha Practice	27 9:30a–4p Dechen Shin Drup/ Amitabha Buddha Practice
28 9:30a–4p Dechen Shin Drup/ Amitabha Buddha Practice	29 9:30a–4p Dechen Shin Drup/ Amitabha Buddha Practice	30 9:30a–4p Guru Rinpoche Tsok 7:30 PM EST Online Medicine Buddha Practice	31 9:30a–4p Dechen Shin Drup/ Amitabha Buddha Practice			

MAY PRACTICES AND TEACHINGS

Sunday weekly In Person and Zoom webcast of the Green Tara Practice

Green Tara practice is on Sundays from 9-10am at the Temple. You are welcome to join virtually. Please see our website for details.

Tuesday weekly Zoom webcast of the Medicine Buddha Practice

Tuesdays we have our weekly zoom webcast of the medicine buddha practice. Please see our website for details.

May 5, Friday at 6 pm – Chöd Practice

May 14, Sunday at 2 pm – Dakini Tsok

May 23, Tuesday – Kyabgön Phakchok Rinpoche Birthday

May 25, Thursday – June 1, Thursday – Time: 9:30am – 4pm Dechen Shin Drup / Amitabha Buddha Practice

Ven. Khenpo Sonam Rinpoche has offered to give teachings on Amitabha Buddha, the Buddha of Boundless Light, and his Pureland. In conjunction with the teachings, Rinpoche will conduct a daily practice of Amitabha Buddha. Each morning precepts will be taken, therefore participation for the full day on any day attended is mandatory. The Eight Precepts must be observed until sunrise the next day. Please see the poster or website for the list of precepts. A simple vegetarian lunch will be served daily to all practitioners. We ask all practitioners who will be attending for the full week to please notify us in advance to assist the kitchen staff. If you cannot attend and would like to offer a donation towards the week of practice, please e-transfer to donations@riwoche.com. If you have a specific request on the direction of your donation (for tsok/tea offering/meal offering), please make a note in your e-transfer or email office@riwoche.com. Any donation amount is greatly appreciated. No Green Tara practice on Sunday May 28th.

May 30, Tuesday at 9:30 am – 4 pm – Guru Rinpoche Day Tsok