

## January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>Anniversary of Chadrul Rinpoche</i>	2 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	3	4	5	6 2 p.m. <b>Dakini Tsok</b>
7 9 a.m. Green Tara Practice	8	9 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	10	11	12	13
14 9 a.m. Green Tara Practice	15	16 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	17	18	19	20 2 p.m. <b>Guru Rinpoche Tsok</b>
21 9 a.m. Green Tara Practice  2 p.m. <b>Tsok for Anniversary of Kangyur Rinpoche</b>	22	23 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	24 6:30 p.m. <b>Tsok for Anniversary Dudjom Yansi Rinpoche</b>	25 6 p.m. <b>Chöd Practice</b>	26	27
28 9 a.m. Green Tara Practice  2 p.m. <b>Tsok for Anniversary of Longchenpa</b>	29	30 7:30 p.m. EST Medicine Buddha Practice <i>In person and Online</i>	31			

### JANUARY PRACTICES AND TEACHINGS

*January 1, Monday – Anniversary of Chadrul Rinpoche*

January 6, Saturday at 2 p.m. – Dakini Tsok

January 21, Sunday at 2 p.m. – Tsok for Anniversary of Kangyur Rinpoche

January 20, Saturday at 2 p.m. – Guru Rinpoche Tsok

January 24, Wednesday at 6:30 p.m. – Tsok for Anniversary of Kyabje Dudjom Rinpoche III,  
Sangye Pema Shepa's Parinirvana (1990-2023)

January 25, Thursday at 6 p.m. – Chöd Practice

January 28, Sunday at 2 p.m. – Tsok for Anniversary of Longchenpa