

## July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>2 p.m. Dakini Tsok</b>	2 7:30 p.m. Medicine Buddha Practice	3	4	5	6
7 9 a.m. Green Tara Practice	8	9 <b>6:30 p.m. Chökhör Düchen Tsok</b> and short Medicine Buddha Practice	10	11	12	13
14 9 a.m. Green Tara Practice	15	16 <b>6:30 p.m. Guru Rinpoche Tsok</b> and short Medicine Buddha Practice	17	18	19	20
21 9 a.m. Green Tara Practice <b>2 p.m. Chöd Practice</b>	22	23 7:30 p.m. Medicine Buddha Practice	24	25	26	27
28 9 a.m. Green Tara Practice	29	30 <b>6:30 p.m. Dakini Tsok</b> and short Medicine Buddha Practice	31			

### JULY PRACTICES AND TEACHINGS

Sundays In Person/Zoom of Green Tara Practice.

Tuesdays In Person/Zoom Medicine Buddha Practice.

July 1, Monday at 2 p.m. – Dakini Tsok

July 9, Tuesday at 6:30 p.m. — Chökhör Düchen Tsok — *The “First Turning of the Wheel of Dharma” is celebrated.*

July 16, Tuesday at 6:30 p.m. – Guru Rinpoche Tsok

July 21, Sunday at 2 p.m. – Chöd Practice

July 30, Tuesday at 6:30 p.m. – Dakini Tsok