

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 9 a.m. Green Tara Practice	4	5 7:30 p.m. EST Online Medicine Buddha Practice	6	7	8	9 2 p.m. Dakini Tsok
10 9 a.m. Green Tara Practice	11	12 7:30 p.m. EST Online Medicine Buddha Practice	13	14	15	16
17 9 a.m. Green Tara Practice	18	19 7:30 p.m. EST Online Medicine Buddha Practice	20	21	22	23
24 9 a.m. Green Tara Practice 2 p.m. Guru Rinpoche Tsok	25	26 7:30 p.m. EST Online Medicine Buddha Practice	27	28	29 6 p.m. Chöd Practice	30

SEPTEMBER PRACTICES AND TEACHINGS

September 9, Saturday at 2 p.m. – Dakini Tsok Day – Dakini Day

September 24, Sunday at 2 p.m. – Guru Rinpoche Tsok

September 29, Friday at 6 p.m. – Chöd Practice