

Riwoche Tibetan Buddhist Temple

Dechen Shin Drup Amitabha Buddha Practice



Tuesday, May 14 – Monday, May 20, 2024 Time: 9:30am – 4pm

During the auspicious month of Saga Dawa, Ven. Khenpo Sonam Rinpoche has offered to give teachings on Amitabha Buddha, the Buddha of Boundless Light, and his Pureland. In conjunction with the teachings, Rinpoche will conduct a daily practice of Amitabha Buddha.

Each morning precepts will be taken, therefore participation for the full day on any day attended is mandatory. The Eight Precepts must be observed until sunrise the next day.

The Eight Precepts are:

- Refrain from harming living beings.
- Refrain from sexual activity.
- Refrain from taking intoxicants which lead to loss of mindfulness.
- Refrain from eating at the forbidden time (the one meal a day will be served at the temple).
- Refrain from dancing, singing, music, shows and wearing garlands, using perfumes, and beautifying with cosmetics.
- Refrain from the use of high and luxurious seats and beds.
- Refrain from taking that which is not given.
- Refrain from incorrect speech.

In addition, Khenpo Rinpoche would like to dedicate a full day of tsok practice for May 18th (Guru Rinpoche day). Precepts will not be taken on that day. Attendance for the full week is not required. You may choose the days on which you can attend. A simple vegetarian lunch will be served daily to all practitioners. We ask all practitioners who will be attending for the full week to please notify us in advance to assist the kitchen staff.

If you cannot attend and would like to offer a donation towards the week of practice, please e-transfer to donations@riwoche.com. If you have a specific request on the direction of your donation (for tsok/tea offering/meal offering), please make a note in your e-transfer or email office@riwoche.com. Any donation amount is greatly appreciated.

Please note that Green Tara practice on Sunday May 19th will be cancelled.



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